

Jason Wisner

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Birthdate: October 29, 1972

Hometown: Natchez, MS

Championship powerlifter from 1984 to 1997; offensive lineman at Mississippi State from 1991 to 1994

ATHLETIC ACHIEVEMENT

DATE

DOCUMENTATION

1. Strength coach at Trinity High, Natchez, MS, 2015 to 2016
(Personal account, documentation provided)
2. Powerlifting coach at Calallen High, Corpus Christi, TX, 2005 to 2008
(Personal account, documentation provided)
3. Offensive line coach, Natchez High, Natchez, MS, 2004 to 2005
(Personal account, documentation provided)
4. Professional powerlifting career, 1995 to 1997
 - Set a squat record of 900, 3rd place in national meet in Chicago(Personal account, documentation provided)
5. 1994 Mississippi State Bulldogs, team record 8-4, 5-3 SEC; lost to North Carolina State 28-24 in Peach Bowl in Atlanta, GA, on January 1, 1995
(MSU Media Relations, personal account, documentation provided)
6. 1993 Mississippi State Bulldogs, team record 4-5-2, 3-4-1 SEC
(MSU Media Relations, personal account, documentation provided)
7. 1992 Mississippi State Bulldogs, team record 7-5, 4-4 SEC, lost to North Carolina 21-17 in Peach Bowl in Atlanta, GA, on January 2, 1993
(MSU Media Relations, personal account, documentation provided)
8. 1991 Mississippi State Bulldogs, team record 7-5, 4-3 SEC, lost to Air Force 38-15 in Liberty Bowl in Memphis, TN, on December 29, 1991
(MSU Media Relations, personal account, documentation provided)
9. 1990 Mississippi State Bulldogs, team record 5-6, 1-6 SEC
 - Redshirted in freshman season
 - Coached by MSHOF members Rocky Felker and Jackie Sherrill(MSU Media Relations, personal account, documentation provided)
10. Natchez High & South Natchez High, Natchez, MS, 1987 to 1990
 - Played football and Natchez High after North and South Natchez merged
 - Named All-Metro offensive guard, 1988 & 1989
 - Named All-District honorable mention, 1988 & 1989

- Natchez High Academic Player of the Year and Most Valuable Offensive Lineman, 1989
- Named 2nd Team All-State by MS Sports Writers Association, 1989
- Named to MS High School All-Star team, 1989
- Named Most Improved Player for South Natchez, 1988
- Named Most Improved on South Natchez track team, 1988
- Played in the 1990 Bernard Blackwell High School All-Star game on August 1, 1990
- Started football career in 4th grade at age of 10, started playing at McLaurin Elementary School and then South Natchez High
- He was a member of the last South Natchez football team and the first Natchez High team that finished 7-2 and lost to Moss Point in first round of playoffs in 1989
- At age 12, began working out with weights and had his first weightlifting competition at age 14
- Set state records for powerlifting and shotput
- In 1990, became the first 17-year old in the world to ever total over 2000 pounds lifting weights; event happened at US Powerlifting Federation meet in El Dorado, Arkansas, in March, 1990 with American records for squat 837.5, benchpress 468.2, deadlift 699.7, total 2006
- In 1990, broke the Mississippi state high school indoor shotput record and set new school record
- In May, 1990, broke the Mississippi state high school outdoor track record for shotput and set new school record
- Also competed in discus in 1990 track season
- For 1989, had Men's Teenage World Ranking of no. 1
- In 1989, US Powerlifting Federation American record holder in age 16-17 division with squat 753.97, benchpress 418.21, deadlift 633.8, total of 1807.8
- In 1989, American Drug Free Powerlifting Association National record holder in age 14-16 division in squat 756.5, benchpress 448.25, deadlift 663.75, total 1874
- In 1989, set Mississippi state records for US Powerlifting age 16-17 division for squat 800, benchpress 460, deadlift 661, total 1925
- In 1989, set Mississippi state teenage records in American Drug Free Powerlifting association in squat 804, benchpress 474, deadlift 683, total 1961
- In 1989, member of Team USA that competed in Russia against the Russian powerlifting team, broke the Russian powerlifting records and defeated Mr. USSR in meet held at Moscow
- In 1988, American record holder age 13-14 division in squat 705.2, bench press 404.2, deadlift, 644.7, total 1752.1
- In 1988, National record holder age 13-14 division in squad 705.2, bench press 402.2, deadlift 644.7, total 1752.1

- Set world record in 1988 for American Powerlifting Federation, 14-15 age group, heavyweight American World Record of bench 407
- National Powerlifting Champion, 1988
- Received a resolution from MS House of Representatives for accomplishments
- In July, 1988, won National Championship in US Powerlifting Federation Teen Nationals at Houston, TX—named outstanding lifter of meet, broke 8 records
- In April, 1988, won Mississippi State Championship, squat 611, bench 407, deadlift 575, total 1593
- On March 5, 1988, won Arkansas Powerlifting Championship, squat 660, bench 365, deadlift 611, total 1637.5
- On February 27, 1988, won Mississippi State Open Collegiate Powerlifting Championship, American Drug-Free Powerlifting Association, squad 661, bench 402, deadlift 617, total 1681
- On November 14, 1987, won Arkansas-Louisiana Open, US Powerlifting Federation, squad 606, bench 347, deadlift 584, total 1537—best lifter award, all new state records for age group
- In March, 1987, won American Powerlifting Federation State Championship in Jackson, MS, squat 590, bench, 347, deadlift 584, total 1537—won best lifter award, set all new state records for age group

(Personal account, documentation provided)

ACHIEVEMENT

DOCUMENTATION

1. Appointed constable for Adams County, southern district, 2003 to 2004
(Personal account, documentation provided)
2. Served as Deputy Sheriff, Adams County, 2002 to 2005
(Personal account, documentation provided)
3. Worked as a correctional office at Angola State Prison, Angola, LA
(Personal account, documentation provided)
4. Member of high school clubs including Key Club, FCA, 1985 to 1990
(Personal account, documentation provided)

NOTES & ANECDOTES: JASON WISNER

- Jason Wisner was an offensive lineman at Mississippi State from 1990 to 1995 and a phenomenal weightlifter at the early age of 14. He shattered school, American, and National weightlifting records
- Jason was a part of Team USA that traveled to Moscow, Russia, to compete against the best Russian powerlifters in 1989. He broke the Russian powerlifting records and defeated Mr. USSR in the meet.
- In 1990, Wisner became the first 17-year old in the world to ever lift over 2000 pounds at a US Powerlifting Federation meet in El Dorado, Arkansas. He set numerous USA Powerlifting records in his age divisions and also set the state and school records for shot put.

(MSU Media Relations, personal account, documentation provided)